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Bank Holiday Closures 2017- 18

The Practice will be closed on:

Monday 25th December
Tuesday 26th December
Monday 1st January 2018

On all days immediately before and after a bank holiday, we offer less routine appointments and more provision for urgent or same day appointments and advice.

If you need advice or access to a GP and the Practice is closed, please dial 111.

NHS111 is a free phone number and is available for all medical enquiries which are important but do not need 999 services.

Dr Simon Le Besque – retirement

We are sad to announce that after 24 years at the surgery Dr Le Besque will be retiring in Spring 2018.

Changes to the Nursing Team

Sadly we said goodbye to Chris who left the nursing team end of October 2017. We wish her well in her future ventures.

We are pleased to announce we have two new members to our nursing team, Shirley (practice nurse) and Steph (HCA).

Flu Vaccinations – NOT TOO LATE TO BOOK!

It is still not too late to get your flu vaccination. Influenza is an acute viral infection which spreads easily from person to person. Vaccination is the most effective way to prevent infection.

The people most at risk are the over 65s, those with chronic respiratory disease such as asthma and chronic bronchitis, people with diabetes mellitus, those with an under active immune system and pregnant women.

You are able to make appointment for week days in advance. If you are eligible for the flu vaccination, please ask the doctor or nurse when you attend the surgery. Please contact the surgery on 02380 472126 for more information.

e-Consult - a new way to access healthcare

The surgery is pleased to announce the launch of a new service for our patients. e-Consult allows patients 18+ yrs to interact via our website to find the best possible type of care that they require. The process is you would visit the surgery website and click the relevant link (it will be clearly displayed). You then find your health condition and fill out a simple online questionnaire and then will be advised on a course of action (this could include self-treatment, a phone call from the surgery or even an appointment with a healthcare professional at the surgery).

NHS HEALTH CHECK IS HERE:



The [NHS Health Check](#) is a health check-up for adults in England aged 40-74. It's designed to [spot early signs](#) of stroke, kidney disease, heart disease, type 2 diabetes or dementia. As we get older, we have a higher risk of developing one of these conditions. An NHS Health Check helps find ways to lower this risk. Please contact surgery to book your Health Check.

Practice Website

The Practice website has a new look and is now mobile-friendly.

www.westendsurgery.co.uk

It is continuously being updated and has lots of useful information, guidance and advice.

You can also subscribe to receive this newsletter to your email address.

GPs in the Practice

Dr Simon Le Besque	(M)	Works Monday, Tuesday, Wednesday, Thursday Specialises in diabetes, dermatology and minor op procedures
Dr Olivia Rodrigues	(F)	Works Monday, Tuesday, Wednesday, Friday Specialises in child health, learning disability & safeguarding
Dr Susan Smallwood	(F)	Works Monday, Wednesday, Thursday, Friday Specialises in contraception
Dr Kari Nightingale	(F)	Works Monday, Tuesday, Thursday, Friday
Dr Stephanie Fernandes	(F)	Works Wednesday, Thursday, Friday

Sometimes you may be informed that your GP has no appointments but you see your GP around the surgery – this is because the GP is doing other clinical work and not seeing patients

Patient On-line Access

Beat the phone queue! If you are 16+ years go online with Patient Access.

- Book appointments – doctor and phlebotomy appointments available
- Order repeat prescriptions
- View your medical record summary

Log on wherever you are with the free Patient Access app

Please ask at reception for details

We are on Facebook!

Come and check out our Facebook page- search for us '@WestEndSurgery'

It contains updates to do with the surgery and a lot of health information
